

## **Meal Substitution Request Form**

| Child's Name                   |  |
|--------------------------------|--|
| DOB                            |  |
| Meal Concern<br>Classification | <ul> <li>Allergy</li> <li>Intolerance</li> </ul> |

Please describe the child's allergy or intolerance. List specific foods and be as specific as possible as to which foods need substituted:

For milk allergies/intolerances, the following should be substituted for milk during meals:

| Almond Milk     |
|-----------------|
| Other (specify) |

\*If the child has a substitution related to an intolerance or life threatening allergy, a Medical Statement from a licensed physician is required and a substitution will be provided by our food service department. Meal substitutions can only be made for two weeks while waiting for a physician signature.

| Parent/ Guardian Signature   | Date:           |
|--|-----------------|
| Physician Signature  | Date:           |
| Physician Office Phone Number:   |                 |
|  | OFFICE USE ONLY |
| <ul> <li>Copy in Student File</li> <li>Copy to Nurse</li> <li>Copy to Cafeteria</li> </ul> |                 |